

Chapter 02: Health Care Yesterday, Today, and Tomorrow

True / False

1. Throughout much of human history, people believed that illness was caused by forces outside the control of man.

- a. True
- b. False

ANSWER: True

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Only in recent history were causes of and means to effectively treat illnesses discovered.

DATE CREATED: 10/10/2019 2:51 AM

DATE MODIFIED: 10/10/2019 2:56 AM

2. Anesthesia was not developed until the 20th century.

- a. True
- b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Anesthesia was introduced in the 19th century.

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3. Until the 19th century, medicine and surgery were considered to be very different occupations.

- a. True
- b. False

ANSWER: True

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: In the 19th century, surgery was upgraded from a craft to an experimental science.

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4. The modern hospital typically offers a full range of services for patients needing care until they are ready to return home.

- a. True
- b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

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NOTES: Hospitals offer acute care, and patients may need intermediary levels of care in other facilities before being ready to return home.

DATE CREATED: 10/10/2019 2:52 AM

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5. The Joint Commission is a government organization that regulates the operation of hospitals.

- a. True
- b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: The Joint Commission is a private, nonprofit organization that accredits many types of health care facilities.

DATE CREATED: 10/10/2019 2:52 AM

DATE MODIFIED: 10/10/2019 2:59 AM

6. The National Institutes of Health ensure the safety of food and drugs offered to consumers in the United States.

- a. True
- b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: This function is carried out by the Food and Drug Administration, not the National Institutes of Health.

DATE CREATED: 10/10/2019 2:52 AM

DATE MODIFIED: 10/10/2019 3:00 AM

7. Covering the cost of long-term care will be a major challenge in the near future.

- a. True
- b. False

ANSWER: True

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: The increasing number of older persons who are living longer will require care facilities that at present are increasing in cost as much as 5 percent annually.

DATE CREATED: 10/10/2019 2:52 AM

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8. The American Medical Association believes that television ads for prescription drugs is a good way to inform patients about their options.

- a. True

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b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: The American Medical Association has called for a ban on prescription drug advertising, believing them to be dangerous to the public.

DATE CREATED: 10/10/2019 2:52 AM

DATE MODIFIED: 10/10/2019 3:02 AM

9. It is estimated that one in three people age 85 and over will be diagnosed with Alzheimer's disease.

a. True

b. False

ANSWER: True

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Alzheimer's disease is now the sixth leading cause of death in the United States.

DATE CREATED: 10/10/2019 3:00 AM

DATE MODIFIED: 10/10/2019 3:03 AM

10. Many physicians believe they have less control over medical decisions regarding treatment for their patients than they had in the past.

a. True

b. False

ANSWER: True

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Many physicians believe they have lost some control over how they treat their patients.

DATE CREATED: 10/10/2019 3:02 AM

DATE MODIFIED: 10/10/2019 3:04 AM

11. Medicaid is a federal health insurance plan for persons age 65 and older and the disabled.

a. True

b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Medicaid is a federally funded but state-administered health insurance plan for qualifying low-income individuals.

DATE CREATED: 10/10/2019 3:02 AM

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DATE MODIFIED: 10/10/2019 3:06 AM

12. Adult foster care provides 24-hour nursing care in a home-like environment.

- a. True
- b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Adult foster care provides a home-like environment, but does not include 24-hour nursing care.

DATE CREATED: 10/10/2019 3:02 AM

DATE MODIFIED: 10/10/2019 3:07 AM

13. The abuse of painkillers has decreased dramatically in the last few years.

- a. True
- b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Although prescriptions for painkillers have leveled off, thousands of people die from prescription drug overdoses each year.

DATE CREATED: 10/10/2019 3:03 AM

DATE MODIFIED: 10/10/2019 3:08 AM

Multiple Choice

14. Discovering the principles of chemistry in the 18th century made it possible to:

- a. better understand human anatomy.
- b. learn how body functions, such as digestion, occur.
- c. manufacture disinfectants.
- d. develop surgical techniques.

ANSWER: b

FEEDBACK:

- a. Incorrect. Discovering the principles of chemistry made progress possible in learning how body functions, such as digestion, occur.
- b. Correct. Discovering the principles of chemistry made progress possible in learning how body functions, such as digestion, occur.
- c. Incorrect. Discovering the principles of chemistry made progress possible in learning how body functions, such as digestion, occur.
- d. Incorrect. Discovering the principles of chemistry made progress possible in learning how body functions, such as digestion, occur.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

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DATE CREATED: 10/10/2019 3:09 AM

DATE MODIFIED: 10/10/2019 3:10 AM

15. What is the most significant reason for the dramatic increase in expected life span over the last 100 years?
- a. Better living habits
 - b. Improved surgical techniques
 - c. The development of antibiotics and immunizations
 - d. A decrease in the number of people living in poverty

ANSWER: c

- FEEDBACK:**
- a. Incorrect. The development of antibiotics and immunizations has had the most significant effect on life span.
 - b. Incorrect. Surgical techniques have improved, but the development of antibiotics and immunizations has had the most significant effect on life span.
 - c. Correct. The development of antibiotics and immunizations has had the most significant effect on life span.
 - d. Incorrect. Poverty levels may have decreased, but the development of antibiotics and immunizations has had the most significant effect on life span.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:11 AM

DATE MODIFIED: 10/10/2019 3:13 AM

16. Which statement most accurately describes the result of the increased specialization of medicine?
- a. It has decreased the cost of medical care
 - b. Patients are receiving more consistent care.
 - c. Relationships between physicians and patients have become closer.
 - d. Diagnostic and treatment methods have improved.

ANSWER: d

- FEEDBACK:**
- a. Incorrect. Costs have increased, although diagnostic and treatment methods have improved with increased specialization of medicine.
 - b. Incorrect. Providing consistent care is more challenging with specialization. However, diagnostic and treatment methods have improved.
 - c. Incorrect. In many cases, the relationship between physicians and patients has broken down due to specialization. However, diagnostic and treatment methods have improved.
 - d. Correct. Diagnostic and treatment methods have improved.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:11 AM

DATE MODIFIED: 10/10/2019 3:15 AM

17. What percent of patients is estimated to not taking as directed the medications prescribed?
- a. 15 percent
 - b. 30 percent

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- c. 35 percent
- d. 50 percent

ANSWER: a

FEEDBACK:

- a. Incorrect. Up to 50 percent of patients do not take their prescribed medication as directed.
- b. Incorrect. Up to 50 percent of patients do not take their prescribed medication as directed.
- c. Incorrect. Up to 50 percent of patients do not take their prescribed medication as directed.
- d. Correct. Up to 50 percent of patients do not take their prescribed medication as directed.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:11 AM

DATE MODIFIED: 10/10/2019 3:17 AM

18. One of the most difficult challenges faced by hospitals today is the need to:
- a. continue expanding the number of services offered.
 - b. control expenses while maintaining an acceptable patient occupancy rate.
 - c. conduct medical research.
 - d. find appropriate sites on which to build more hospitals.

ANSWER: b

FEEDBACK:

- a. Incorrect. Controlling expenses while maintaining occupancy rates is a difficult challenge for hospitals today.
- b. Correct. Controlling expenses while maintaining occupancy rates is a difficult challenge for hospitals today.
- c. Incorrect. Controlling expenses while maintaining occupancy rates is a difficult challenge for hospitals today.
- d. Incorrect. Controlling expenses while maintaining occupancy rates is a difficult challenge for hospitals today.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:11 AM

DATE MODIFIED: 10/10/2019 3:19 AM

19. The majority of outpatient services are provided by:
- a. hospital emergency rooms.
 - b. private physicians' offices.
 - c. urgent care centers.
 - d. specialty clinics.

ANSWER: b

FEEDBACK:

- a. Incorrect. The majority of outpatient services are provided by private physicians' offices.

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- b. Correct. The majority of outpatient services are provided by private physicians' offices.
- c. Incorrect. The majority of outpatient services are provided by private physicians' offices.
- d. Incorrect. The majority of outpatient services are provided by private physicians' offices.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:12 AM

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20. Which of the following health care services is expected to provide the largest number of employment opportunities for today's health care graduates?

- a. Emergency services
- b. Long-term care
- c. Hospitals
- d. Hospices

ANSWER: b

FEEDBACK:

- a. Incorrect. The highest growth in employment will be in long-term care.
- b. Correct. The highest growth in employment will be in long-term care.
- c. Incorrect. The highest growth in employment will be in long-term care.
- d. Incorrect. The highest growth in employment will be in long-term care.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:22 AM

DATE MODIFIED: 10/10/2019 3:25 AM

21. Which of the following describes one of the primary responsibilities of local health departments?

- a. Provide health care services for the poor
- b. Conduct research on the causes of disease
- c. Inspect and regulate services that affect public health
- d. Evaluate the quality of hospital services

ANSWER: c

FEEDBACK:

- a. Incorrect. A primary responsibility of local health departments is to inspect and regulate services that affect public health.
- b. Incorrect. A primary responsibility of local health departments is to inspect and regulate services that affect public health.
- c. Correct. A primary responsibility of local health departments is to inspect and regulate services that affect public health.
- d. Incorrect. A primary responsibility of local health departments is to inspect and regulate services that affect public health.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

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DATE CREATED: 10/10/2019 3:22 AM

DATE MODIFIED: 10/10/2019 3:29 AM

22. Encouraging a patient to follow a healthy diet and start an exercise program is an example of the growing emphasis on the concept of:

- a. wellness.
- b. complementary therapies.
- c. expanding consciousness.
- d. progressive health.

ANSWER: a

FEEDBACK:

- a. Correct. Encouraging a patient to follow a healthy diet and exercise plan is based on the concept of wellness.
- b. Incorrect. Encouraging a patient to follow a healthy diet and exercise plan is based on the concept of wellness.
- c. Incorrect. Encouraging a patient to follow a healthy diet and exercise plan is based on the concept of wellness.
- d. Incorrect. Encouraging a patient to follow a healthy diet and exercise plan is based on the concept of wellness.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:25 AM

DATE MODIFIED: 10/10/2019 3:30 AM

23. Which statement best describes the meaning of complementary medicine?

- a. Practitioners of complementary medicine are always licensed.
- b. It has not been proven to have value for patients.
- c. It is new, having been developed in the last 25 years.
- d. It is used together with traditional Western medicine.

ANSWER: d

FEEDBACK:

- a. Incorrect. Not all practitioners of complementary medicine are licensed. Complementary medicine is used together with traditional Western medicine.
- b. Incorrect. There are complementary therapies that have proven to be of value to patients. Complementary medicine is used together with traditional Western medicine.
- c. Incorrect. Some forms of complementary medicine have been practiced for thousands of years. Complementary medicine is used together with traditional Western medicine.
- d. Correct. Complementary medicine is used together with traditional Western medicine.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:25 AM

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24. What is the major reason why more patients are being encouraged by health care providers to take responsibility for their own health?

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- a. Links have been discovered between lifestyle habits and major diseases.
- b. It reduces the number of malpractice lawsuits.
- c. Reduce the need to provide costly health care.
- d. Patients are more satisfied when taking responsibility for their own health.

ANSWER: a

FEEDBACK:

- a. Correct. There is a strong link between lifestyle habits and major diseases.
- b. Incorrect. There is a strong link between lifestyle habits and major diseases.
- c. Incorrect. While it may reduce costs, the most important reason is to prevent suffering from preventable conditions.
- d. Incorrect. Although some patients may take satisfaction in taking responsibility for their health, the reason providers encourage it is to prevent suffering from preventable conditions.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:26 AM

DATE MODIFIED: 10/10/2019 3:36 AM

25. Which of the following best describes palliative care?

- a. Promote movement and function
- b. Give specialized treatment
- c. Provide comfort and pain control
- d. Treat chronic conditions

ANSWER: c

FEEDBACK:

- a. Incorrect. Rehabilitation therapies promote movement and function. Palliative care provides comfort and pain control.
- b. Incorrect. Specialized treatments have the goal of curing a disease or injury. Palliative care provides comfort and pain control.
- c. Correct. Palliative care provides comfort and pain control.
- d. Incorrect. Chronic conditions are treated with the goal of curing or improving. Palliative care provides comfort and pain control.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:26 AM

DATE MODIFIED: 10/10/2019 3:38 AM

26. What is the meaning of antibiotic resistance?

- a. The increasing cost of antibiotics
- b. Their ineffectiveness against an increasing number of bacteria
- c. Growing numbers of patients who refuse to take them
- d. The high cost of producing them

ANSWER: b

FEEDBACK:

- a. Incorrect. Antibiotic resistance refers to the ineffectiveness of antibiotics against an

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- increasing number of bacteria.
- b. Correct. Antibiotic resistance refers to the ineffectiveness of antibiotics against an increasing number of bacteria.
- c. Incorrect. Antibiotic resistance refers to the ineffectiveness of antibiotics against an increasing number of bacteria.
- d. Incorrect. Antibiotic resistance refers to the ineffectiveness of antibiotics against an increasing number of bacteria.

POINTS: 1
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False
DATE CREATED: 10/10/2019 3:36 AM
DATE MODIFIED: 10/10/2019 3:40 AM

27. What percent has the suicide rate increased in the United States since 1999?
- a. 10 percent
 - b. 20 percent
 - c. 30 percent
 - d. 40 percent

ANSWER: c
FEEDBACK:

- a. Incorrect. The suicide rate has increased 30 percent.
- b. Incorrect. The suicide rate has increased 30 percent.
- c. Correct. The suicide rate has increased 30 percent.
- d. Incorrect. The suicide rate has increased 30 percent.

POINTS: 1
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False
DATE CREATED: 10/10/2019 3:37 AM
DATE MODIFIED: 10/10/2019 3:42 AM

28. Which of the following claims is a sign that a health care product or service may be fraudulent?
- a. It can be provided only by certain individuals.
 - b. The practitioner promises confidentiality regarding your treatment records.
 - c. It is extremely expensive.
 - d. It claims to cure a wide variety of unrelated health problems.

ANSWER: d
FEEDBACK:

- a. Incorrect. Many legitimate health care treatments can be provided only by certain, qualified individuals.
- b. Incorrect. All health care practitioners must keep medical records confidential.
- c. Incorrect. Many legitimate health care products and services are very expensive.
- d. Correct. It claims to cure a wide variety of unrelated health problems.

POINTS: 1
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

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DATE CREATED: 10/10/2019 3:37 AM

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Matching

Match each person with the correct contribution below.

- a. Elizabeth Blackwell
- b. Sigmund Freud
- c. William Harvey
- d. Hippocrates
- e. Edward Jenner
- f. Anton van Leeuwenhoek
- g. Joseph Lister
- h. Louis Pasteur

QUESTION TYPE: Matching

HAS VARIABLES: False

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29. Discovered principle of smallpox vaccination

ANSWER: e

POINTS: 1

30. Proposed that blood circulates throughout the body

ANSWER: c

POINTS: 1

31. Invented the microscope

ANSWER: f

POINTS: 1

32. Proved that certain microorganisms cause disease

ANSWER: h

POINTS: 1

33. Was the first female physician in the United States

ANSWER: a

POINTS: 1

34. Is considered to be the father of medicine

ANSWER: d

POINTS: 1

35. Developed surgical techniques to prevent the entry of microorganisms into wounds

ANSWER: g

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POINTS: 1

36. Did pioneering research on the causes of psychological illnesses

ANSWER: b

POINTS: 1

Match each health care unit or facility with the correct service provided below.

- a. Assisted living residence
- b. Cardiac care unit
- c. Continuing care community
- d. Emergency room
- e. General unit
- f. Hospice
- g. Intensive care unit
- h. Intermediate care facility
- i. Transitional care unit
- j. Psychiatric hospital
- k. Rehabilitation unit or hospital
- l. Skilled nursing facility

QUESTION TYPE: Matching

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:56 AM

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37. Specialized care and equipment for patients with very serious illnesses and injuries

ANSWER: g

POINTS: 1

38. Therapies to regain physical and mental function

ANSWER: k

POINTS: 1

39. Variety of living arrangements that range from independent living to the provision of regular medical and nursing care

ANSWER: c

POINTS: 1

40. Housing, meals, and help with personal care

ANSWER: a

POINTS: 1

41. Care for seriously ill patients who do not need constant nursing care

ANSWER: e

POINTS: 1

42. Specialized care and equipment for patients with serious heart conditions

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ANSWER: b

POINTS: 1

43. 24-hour nursing services for patients who need long-term care

ANSWER: l

POINTS: 1

44. Care and support for dying patients

ANSWER: f

POINTS: 1

45. Care and rehabilitation for patients with mental and behavioral disorders

ANSWER: j

POINTS: 1

46. Care and assessment to determine long-term needs

ANSWER: i

POINTS: 1

47. Personal care, social services, and nursing care as needed

ANSWER: h

POINTS: 1

48. Immediate care for serious illnesses and injuries

ANSWER: d

POINTS: 1

Match the following types of therapy with the correct explanation below.

a. Acupuncture

b. Chiropractic

c. Holistic medicine

d. Homeopathy

e. Massage therapy

f. Osteopathy

g. Reflexology

h. Therapeutic touch

QUESTION TYPE: Matching

HAS VARIABLES: False

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49. All aspects of the individual must be considered when planning treatments.

ANSWER: c

POINTS: 1

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50. The body can protect itself if the musculoskeletal system is in good order.

ANSWER: f

POINTS: 1

51. Bodily dysfunction is caused by pressure on nerves as they leave the spinal column.

ANSWER: b

POINTS: 1

52. Disorders can be cured with very small doses of substances that cause the symptoms of the disorder.

ANSWER: d

POINTS: 1

53. Pressure on the muscles promotes blood circulation and healing.

ANSWER: e

POINTS: 1

54. Tiny needles are inserted along the body's energy pathways.

ANSWER: a

POINTS: 1

55. Pressure points on the feet are manipulated.

ANSWER: g

POINTS: 1

56. The hands are moved just above the surface of the body with the intention of directing energy flow.

ANSWER: h

POINTS: 1

Completion

57. The abbreviation for the government agency responsible for controlling the spread of diseases is _____.

ANSWER: CDC

POINTS: 1

QUESTION TYPE: Completion

HAS VARIABLES: False

STUDENT ENTRY MODE: Basic

DATE CREATED: 10/10/2019 4:04 AM

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58. A promising medical development is _____, which involves inserting normal DNA into cells to correct a genetic defect or to treat a disease.

ANSWER: gene therapy

POINTS: 1

QUESTION TYPE: Completion

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HAS VARIABLES: False
STUDENT ENTRY MODE: Basic
DATE CREATED: 10/10/2019 4:05 AM
DATE MODIFIED: 10/10/2019 4:07 AM

59. There is an increasing use of _____, in which conventional medical treatments are combined with scientifically tested complementary treatments.

ANSWER: integrative medicine
POINTS: 1
QUESTION TYPE: Completion
HAS VARIABLES: False
STUDENT ENTRY MODE: Basic
DATE CREATED: 10/10/2019 4:06 AM
DATE MODIFIED: 10/10/2019 4:08 AM

60. _____ is a serious public health problem in which many drugs are no longer effective in killing disease-causing bacteria.

ANSWER: Antibiotic resistance
POINTS: 1
QUESTION TYPE: Completion
HAS VARIABLES: False
STUDENT ENTRY MODE: Basic
DATE CREATED: 10/10/2019 4:06 AM
DATE MODIFIED: 10/10/2019 4:09 AM

61. The principal purpose of the _____, an agency of the federal government, is to conduct medical research.

ANSWER: National Institutes of Health
POINTS: 1
QUESTION TYPE: Completion
HAS VARIABLES: False
STUDENT ENTRY MODE: Basic
DATE CREATED: 10/10/2019 4:06 AM
DATE MODIFIED: 10/10/2019 4:09 AM

62. _____ provides care, comfort, and support to dying individuals and their families.

ANSWER: Hospice
POINTS: 1
QUESTION TYPE: Completion
HAS VARIABLES: False
STUDENT ENTRY MODE: Basic
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DATE MODIFIED: 10/10/2019 4:10 AM

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63. _____ is a complementary medicine treatment in which patients inhale the scents of essential oils.

ANSWER: Aromatherapy
POINTS: 1
QUESTION TYPE: Completion
HAS VARIABLES: False
STUDENT ENTRY MODE: Basic
DATE CREATED: 10/10/2019 4:06 AM
DATE MODIFIED: 10/10/2019 4:11 AM

64. A currently used definition of _____ is the promotion of health and practice of good lifestyle habits.

ANSWER: wellness
POINTS: 1
QUESTION TYPE: Completion
HAS VARIABLES: False
STUDENT ENTRY MODE: Basic
DATE CREATED: 10/10/2019 4:06 AM
DATE MODIFIED: 10/10/2019 4:11 AM

65. The 2009 outbreak of influenza caused by the H1N1 virus raised concerns about the possibility of a worldwide _____.

ANSWER: pandemic
POINTS: 1
QUESTION TYPE: Completion
HAS VARIABLES: False
STUDENT ENTRY MODE: Basic
DATE CREATED: 10/10/2019 4:06 AM
DATE MODIFIED: 10/10/2019 4:12 AM