

CHAPTER 2: ETHICAL AND PROFESSIONAL ISSUES

Multiple Choice

1. A crisis worker who has unresolved feelings toward his own mother and gives advice based on this is suffering from:
- A. self-awareness.
 - B. dual relationship.
 - C. countertransference.
 - D. all of the above.
 - E. none of the above.

ANS: C

2. An example of a dual relationship would be:
- A. sex with a client.
 - B. being friends with a client.
 - C. dating a client.
 - D. all of the above.
 - E. none of the above.

ANS: D

3. Who may waive the rights of a client's privileged communications spoken in a counseling sessions?
- A. The therapist
 - B. The client
 - C. The courts
 - D. None of the above

ANS: B

4. A crisis worker must break confidentiality in cases of:
- A. elder abuse.
 - B. child abuse.
 - C. intent to murder someone.
 - D. all of the above.
 - E. both A and C.

ANS: D

5. "Duty to Warn" came from:
- A. the Tarasoff Case.
 - B. the Child abuse reporting Act of 1966.
 - C. the gravely disabled act of congress.
 - D. none of the above.

ANS: A

6. In which stage of cultural sensitivity does the therapist consider culture as distracting from clinical effectiveness?
- A. Unawareness of cultural issues
 - B. Heightened awareness of culture
 - C. Burden of considering culture
 - D. Toward cultural sensitivity

ANS: C

7. Mexican-American families are most likely to be:
- A. disengaged.
 - B. matriarchal.
 - C. enmeshed.
 - D. none of the above.

ANS: C

8. Which is not a typical cultural pattern of Latinos?
- A. Feminism
 - B. Marianisma
 - C. Machismo
 - D. Familismo

ANS: A

9. Shame and obligation are two ideas to keep in mind when working with:
- A. Mexican-Americans.
 - B. Asian-Americans.
 - C. African-Americans.
 - D. none of the above.

ANS: B

10. Hispanics might be best treated using which theoretical model?
- A. Psychoanalytical
 - B. Behavioral
 - C. Family systems
 - D. Existential

ANS: C

11. “Coming out” crisis refers to:
- A. a gay person disclosing his homosexuality to friends and family.
 - B. a disabled person mainstreaming.
 - C. an adolescent admitting guilt for substance abuse.
 - D. none of the above.

ANS: A

True/False

1. Dual relationship is legal if the patient is legally insane.

ANS: F

2. Fiduciary abuse may be considered a part of elder abuse.

ANS: T

3. Countertransference refers to the unresolved feelings that the client feels toward the counselor.

ANS: F

4. Mandatory reporting laws only apply to situations where children are being abuse.

ANS: F

5. Duty to Warn refers to disclosure of a client’s intention to harm another.

ANS: T

6. Secondary traumatization exists when a crisis worker experiences PTSD after working with a person in crisis.

ANS: T

7. African Americans tend to develop a culturally bound syndrome known as Ataque de Nervios.

ANS: F

8. Much of the family structure seen in African Americans can be understood in terms of the history of slavery.

ANS: T

9. African Americans and Asian-Americans usually prefer to deal with counselors in a problem solving model.

ANS: T

10. Etic issues refer to those behaviors that are particular to a specific culture or subgroup.

ANS: F

11. Emic issues refer to those behaviors that are universal to most cultures.

ANS: F

12. Homophobia refers to an unreasonable fear or hatred of a homosexual.

ANS: T

13. Someone who is a transgender prefers to dress as the opposite sex but is not gay.

ANS: F

14. An emic consideration for a Latina woman who is being battered might be isolation.

ANS: T

Short Answer/Essay

1. When MUST a counselor breach confidentiality?

2. When MAY a counselor breach confidentiality?

3. How might countertransference affect crisis intervention?

4. What is meant by dual relationship?

5. What are the symptoms and causes of burnout?

6. What are effective methods of lessening burnout?
7. Describe one behavior pattern typical of each of the following groups that differ from mainstream culture:
 - A. Asian-Americans
 - B. African-Americans
 - C. Mexican-Americans
8. What are the stages that beginning counselors typically go through when learning to become culturally sensitive?
9. What issues might a gay man face when coming out?